



face TIME

HOW LONG WILL THE PROCEDURE LAST?
WILL PEOPLE KNOW?

words | SUSIE GALVEZ

Have you ever looked in the mirror and thought you looked older than you feel? Even if you take care of yourself, eat right, and exercise, you can never “lifestyle away” wrinkles.

Fortunately, many excellent facial rejuvenation options are available in Richmond for those seeking a younger appearance. These options range from noninvasive and minimally invasive injectables, such as BOTOX®, Restylane®, JUVÉDERM®, RADIESSE®, Perlane and Sculptra® Aesthetic to help lessen wrinkles, fill in lines, or restore facial fullness, to cosmetic facial techniques such as Thermage® and laser technology that tighten or resurface the skin with minimal downtime, to plastic surgery procedures that require a little more recovery time.

“Thirty years ago, a simple facelift required a four-day hospital stay with many weeks of recovery time. With today’s modern cosmetic facial surgeries, patients are home the same day, with the recovery time greatly reduced,” says Joe Niamtu III, DMD, of Cosmetic Facial Surgery in Midlothian.

“In the past, patients waited until they looked old to have cosmetic facial surgery, but now the trend is smaller procedures at a younger age, rather than waiting to do the ‘full overhaul’ the previous generation experienced,” he continues.